

Week 1	Monday 3/29	Tuesday 3/30	Wednesday 3/31	Thursday 4/1	Friday 4/2
Breakfast				Muffins Sliced Apples Organic Milk or Water	Bagels w/ Cream Cheese & Jelly Clementines Organic Milk or Water
Age Appropriate Substitute				Applesauce	
Lunch	March Menu	March Menu	March Menu	Broccoli Mac & Cheese Sliced Oranges Organic Milk or Water	Chicken Quesadilla Pizza Fruit Medley Organic Milk or Water
Age Appropriate Substitute					
PM Snack				Sun Butter Sandwiches Fresh Blackberries Water	Tortilla Chips Salsa & Guac Water
Age Appropriate Substitute					Tortilla slices

^{**}Melon will be one of the following: Watermelon, Cantaloupe, or Honeydew. Water is available to children throughout the day and at all meals and snacks. If no beverage is specified, the beverage offered will be water. All juice served is 100% full-strength fruit juice. Children (age 12-24 month) are served Organic Whole Milk. After 24 months, all children are served 1% Organic Milk.



Week 2	Monday 4/5	Tuesday 4/6	Wednesday 4/7	Thursday 4/8	Friday 4/9
Breakfast	Cereal Fresh Raspberries Organic Milk or Water	Croissants & Jelly Pineapple Organic Milk or Water	Yogurt & Granola Fresh Strawberries Organic Milk or Water	Bagels w/ Cream Cheese & Jelly Bananas Organic Milk or Water	French Toast Sticks Clementines Organic Milk or Water
Age Appropriate Substitute					
Lunch	Chicken Meatball Casserole Fruit Medley Organic Milk or Water	Cajun Turkey with Rice and Beans Mandarin Organic Milk or Water	Filipino Chicken Menudo over Rice Sliced Apples Organic Milk or Water	Cheese Tatertot Casserole Sliced Oranges Organic Milk or Water	Baked Chicken Tenders Fruit Medley Organic Milk or Water
Age Appropriate Substitute			Applesauce		
PM Snack	Frozen Go-Gurt Animal Crackers Water	Muffin Fresh Blueberries Water	Cucumbers & Ranch Wheat Thins Water	Apple Slices Sun Butter & Tortilla Slices Water	Grapes Graham Crackers Water
Age Appropriate Substitute				Applesauce	

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Week 3	Monday 4/12	Tuesday 4/13	Wednesday 4/14	Thursday 4/15	Friday 4/16
Breakfast	Cereal Fresh Raspberries Organic Milk or Water	Bagels w/ Cream Cheese & Jelly Fresh Blackberries Organic Milk or Water	Yogurt w/ Granola Fresh Blueberries Organic Milk or Water	Muffins Sliced Apples Organic Milk or Water	
Age Appropriate Substitute				Applesauce	
Lunch	Southwestern Turkey Casserole Fruit Medley Organic Milk or Water	Creamy Alfredo Mandarin Organic Milk or Water	Teriyaki Chicken Sliced Apples Organic Milk or Water	Creamy Turkey Risotto Sliced Oranges Organic Milk or Water	CLOSED for Professional Development Day
Age Appropriate Substitute			Applesauce		
PM Snack	Carrot Sticks & Ranch Goldfish Water	Trail Mix Fresh Strawberries Water	Cracker Stackers Bananas Water	Tortilla Chips Salsa & Guac Water	
Age Appropriate Substitute	Boiled Carrots			Tortilla slices	(a) (a) (a) (b) (b) (b) (b) (b) (b) (b) (b) (b) (b

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Week 4	Monday 4/19	Tuesday 4/20	Wednesday 4/21	Thursday 4/22	Friday 4/23
Breakfast	Cereal Fresh Raspberries Organic Milk or Water	Croissants & Jelly Bananas Organic Milk or Water	Yogurt & Granola Fresh Strawberries Organic Milk or Water	Bagels w/ Cream Cheese & Jelly Pineapple Organic Milk or Water	French Toast Sticks Fresh Strawberries Organic Milk or Water
Age Appropriate Substitute					
Lunch	Potatoes & Turkey Stroganoff Fruit Medley Organic Milk or Water	Chicken Lo Mein Mandarin Organic Milk or Water	Butter Chicken with Rice Sliced Apples Organic Milk or Water	Deep Dish Turkey Enchilada Sliced Oranges Organic Milk or Water	Baked Chicken Tenders Fruit Medley Organic Milk or Water
Age Appropriate Substitute			Applesauce		
PM Snack	Frozen Go-Gurt Animal Crackers Water	Muffin Fresh Blueberries Water	Cucumbers & Ranch Wheat Thins Water	Apple Slices Sun Butter & Tortilla Slices Water	Grapes Graham Crackers Water
Age Appropriate Substitute				Applesauce	

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Week 1	Monday 4/26	Tuesday 4/27	Wednesday 4/28	Thursday 4/29	Friday 4/30
Breakfast	Cereal Fresh Raspberries Organic Milk or Water	English Muffins & Jelly Pineapple Organic Milk or Water	Yogurt w/ Granola Fresh Strawberries Organic Milk or Water	Muffins Fresh Blackberries Organic Milk or Water	Bagels w/ Cream Cheese & Jelly Clementines Organic Milk or Water
Age Appropriate Substitute					
Lunch	Barbeque Chicken and Cheesy Potato Casserole Fruit Medley Organic Milk or Water	Mushroom Bolognese Mandarin Organic Milk or Water	Chicken Fried Rice Sliced Apples Organic Milk or Water	Baked Creamy Ziti Sliced Oranges Organic Milk or Water	Chicken Enchilada Fruit Medley Organic Milk or Water
Age Appropriate Substitute			Applesauce		, 10 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0
PM Snack	Carrot Sticks & Ranch Goldfish Water	Trail Mix Fresh Strawberries Water	Cracker Stackers Bananas Water	Cheese Sticks Apple Slices Water	Tortilla Chips Salsa & Guac Water
Age Appropriate Substitute	Boiled Carrots			Applesauce	Tortilla slices

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